

TIME FOR CHANGE



TUESDAY 2nd OCTOBER, 2018 11am to 2pm

Registration & Further Information Contact: Hilary Dilworth – 086 8254024 Adult Education Centre, Killenaule New 6 week programme starting in South Tipperary

DURING THE COURSE YOU WILL:

Examine your personal values
 Increase your self confidence
 Improve your job readiness

The programme will run two mornings per week for six weeks.

If you are unemployed, parenting alone or a person with a disability this programme may be for you.

The programme will take place in **Clonmel**, **Carrick-on-Suir** & **Slieveardagh**.

Please contact the relevant person for further details.

AREA	NAME	CONTACT
Clonmel	Tracey Roche	086 8397046
Carrick on Suir	Anita Holloway	086 1703480
Killenaule	Hilary Dilworth	086 8254024

This programme is free and funded by SICAP.









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